

THE MEN'S SHED MESSENGER

CO-PATRONS: COUNCILLOR ROWENA ABBEY; MAYOR OF YASS VALLEY & NIC CARMODY; INAUGURAL PATRON AND FORMER MAYOR OF YASS VALLEY



MESSENGER NO 24 FOR 2013 SUNDAY 8 DECEMBER 2013

If you want to see previous editions of the Messenger, you can find them all on the YVMS Website at this address (just click on it): http://yassmensshed.org.au/newsletter-archive



Important regular events @ the Shed

Every Monday – 6-7pm	Shed Show on Yass FM (100.3) This coming Monday you will have to tune in to hear the mystery of the Shed Rep solved for this week.
Every Tuesday, 9-10am	S&M or CoT – not telling you what this is – you will just have to come along! After 10am the VALMAR boys arrive for their weekly activity and special brane of fun.
Every Tuesday, 11am to Noon	YVMS Exercise class – concentrating on flexibility, balance and feeling good.
Every First Wednesday of the Month, 10 to 11.30am	Morning Tea at the Shed – No workshop noise to distract from good conversation, coffee, tea and cake. Next one is Wednesday 5 Feb 2014

Christmas/New Year break: The Shed will be closed from Friday 20 December and will reopen on Tuesday 6

January 2014.

YVMS Website

- ➤ Have a surf enjoy yourselves! <u>www.yassmensshed.org.au</u>
- You will find all the previous Messengers in the "Newsletter Archive go back and dig out some YVMS history.
- We also have a number of interesting and helpful links to other Sheds and worthwhile organisations.

Calendar of upcoming events at the Shed (or elsewhere)

Put these dates in your diary -you will **NOT** want to miss these!

Special Event at the Shed – next Wednesday lunch time



All Members are invited to the Shed between **Noon and 12.30 next Wednesday** for some light refreshments and to prepare for a visit by:

The Member for Burrinjuck and Minister for Primary Industries, and Minister for Small Business,

The Hon. Katrina HODGKINSON, MP

Katrina will arrive at the Shed at 1pm to make a special announcement and to make a presentation to the Shed.

I'm not telling so you will just have to come to find out – but you will be amazed, blown away and excited.

We need to show our local Member and the NSW Government our appreciation when they visit and support our Shed.

I hope to see many, many of you there – and bring friends and family too, if you wish. We will have snacks and refreshments – so don't bother with lunch before you come.



News Review

Briefly.....

<u>Zara's new chair/table</u>



Emma McEvoy and her daughter, Zara, from Bowning, came to the Shed on Tuesday to collect Zara's new table.

Zara has recently been diagnosed with hip dysplasia (both her hips are dislocated) and needs to have a procedure in which her hips are put into place and then set in a spica cast (full hips and legs cast) for 12 weeks with an additional 12 weeks in a full hip and leg brace.

Roger and Len built the table you see in

the picture to plans provided by the occupational therapy unit of Zara's hospital, so her next 6 months will be more comfortable and active than might otherwise have been the case.

Well done, Len and Roger – blokes like you give us a good name and reputation in the Yass Valley!

We will try to keep in touch with Zara's family to hear how she is progressing. We send Zara and her family all the best in this testing time for them.

YVMS Christmas Party for Members and friends



Many Thanks to the 39 Members and Friends of the Men's Shed who joined us at the Clubhouse Hotel Bistro yesterday for our Christmas lunch.

If you weren't there – mourn and castigate yourself! The food was delicious and the company exceptional.

There is a member who moans regularly that we tend to the exotic and frenzied when it comes to food – it's a pity that member hadn't been at the party, traditional roast dinner preceded by a very tasty and creamy soup. Impossible to criticise.

If you are looking for a good place for a meal in Yass – go and see Tony and Terry at the Clubhouse Bistro and tell them the Shed sent you!

Thanks to the Social sub-committee for organising this event.

Yass Rotary donates a Defibrillator to the Shed

Yass Rotary has very generously donated a \$2,000 cheque to the Shed so that we can purchase a defibrillator. This has been one of our high priority needs for some time now.

There is another very generous donor in Yass who also had indicated an intention to donate a defibrillator to the Shed, but has been trumped by Yass Rotary.

Emma Ritchard of the Yass Physiotherapy practice, has offered to conduct a defibrillator familiarisation course and also demonstrate CPR etc when the defibrillator arrives. I will give you good notice of that event when it is organised (after things settle down in the New Year).

We will send letters of appreciation to both Rotary and the anonymous donor for their support and assistance.

Secret Santa/Kris Kringle

This is an opportunity for Members to show their appreciation and support of the Shed by **Giving the Shed a secret** (wrapped) Christmas present.

Members are invited to a Christmas celebration at noon on Thursday 19 December which will involve food, good company and the opportunity for members, in turn, to open the presents and see how much the Shed is appreciated.

Bring things you think the Shed needs – or – that you need and the Shed does not currently provide.

Use your imagination!

Gifts for→



- The Kitchen
- The lounge room
- The workshop
- The garden



Will all be very much appreciated! Do it **now** before you forget!

Many thanks to those members who have already lodged interesting and intriguing parcels in the boxes provided.

Catch a Carp Competition: 23 Nov to 15 December - \$14,000 in prizes including \$6,000 for three tagged carp.

If you want more details of this event, contact Ross Webster at rosswebster@westnet.com.au or have a look at this website:

http://www.yassvalley.nsw.gov.au/index.php?option=com content&view=article&id=1155455&catid=212&Itemid=701

Help eradicate Myna Birds in the Yass Valley



The Shed has agreed to assist the local Council in controlling and hopefully, over time, eradicating Myna birds in the Valley. The Council has provided two traps for this purpose and these traps can be located anywhere that a sighting of Myna birds is made with a view to collecting as many of these pests as possible and destroying them.

The bird is quite distinctive and easily recognised →



Myna birds are an introduced pest that impact on our biodiversity, primary producers, and our urban landscapes. They are known to have displaced or significantly impacted on many Australian bird species. Have you noticed a reduction on the numbers of Rosellas, Superb Blue Wrens etc?

If you want more details, have a look at this website:

http://www.feralscan.org.au/mynascan/pagecontent.aspx?page=myna_aboutmynascan

Or contact Ross Webster at <u>rosswebster@westnet.com.au</u> Ross can help if you think you have an infestation and you would like to access a trap to help in this eradication program.

Containers at the Shed

The battle to acquire and place 2 x 40 foot containers at the Shed continues. We are currently awaiting drawings that we can lodge with Council to support the placement foundations an tie down proposals for the containers.

What we don't have at the moment is any idea of where we might find 2 containers.

If anyone has access to, knowledge of, someone who knows someone etc – please use up all the good turns and favours you are owed and help us with this project.

Tuesday Exercise Classes – 11am to noon

The exercises are not stressful and concentrate on balance and core strength.

COME JOIN US!! We usually have about a 50/50 men/women contingent.

The contributions made by members of the Exercise group each week are being paid into a separate YVMS Good Deeds Fund from which we will fund community tasks that we would otherwise not have funds from our normal resources for. So when you come to the exercise class you are not just helping yourself!

Membership News

- Our membership has now climbed to 90 with the signing up, this week of our latest member, Mark ("Boz") Bosma. Welcome to one of the best groups of blokes you are likely to find in any community around the place, Mark!
- Richard Saxby goes to hospital this week to have a stent replaced and a general oil change and grease. We wish Richard good luck and a prompt return to the Shed (and to driving).
- Peter Bernasconi's partner, Margaret, who we met and enjoyed for the first time at the Christmas Party, also goes to hospital for a knee replacement operation this week. We wish you all the best, Margaret and hope to see lots more of you now that we have "broken the ice".
- ➤ Don't forget to support <u>Ken Reidy's</u> grandson, James, in his Movember fundraising project: http://au.movember.com/mospace/1416998. It is timely to think that any donation you make could save your life or that of your child or grandchild.
- The YVMS website now has a Membership Application form that can be downloaded and printed should someone ask you the question.

New Business in town

Llewyn Dowling is setting up a yard tidying and rubbish removal business. He will do a great job for you with no fuss. He is very reliable, courteous, efficient and does what he says he will do when he says he will do it. His quotes, too, are realistic and good value.

Llewyn holds Police Check clearances.

If you need something done, give Llewyn a call on 0498 120 985 – tell your friends too.

GST(goods and services trading) OR Lost and $Found^*$ - contact Richard Rowan

*(I was LOST in my mess but I FOUND a solution at the Shed)

Help needed

Russell Hill has 6 dining suite chairs all needing the wood cleaned and the joints re-glued. They are getting 'rickety' and wobbly, as well as being dirty from handling.

The chairs were reupholstered some years ago and Russell thinks that they were not reassembled adequately. The joints are now coming loose and moving. So...

They need an experienced hand or hands to disassemble them, clean the wood, and, then reassemble them. There are 4 chairs and 2 carvers, high back, centre back panel upholstered, and seat upholstered. The upholstery/material and all the wood frame are in very good condition.

Russell does not have the experience (or skill?) to attempt this by himself!! He is interested to hear how he can get this work done either:

- as a paid job; or,
- part-paid with me learning/assisting?

Any takers to help Russell?

Attention Collectors!

A large collection of Beer Mats has been delivered to the Shed. Here is a very few of them to give you an idea

Perhaps there is someone out there who collects such things?

I have not examined all of them, but there seem to be multiple copies of at least some examples.

The whole collection would probably fill a large shoe box.

Make us an offer and they are all yours!



For sale etc

We have lot of "good stuff" at the Shed - who knows but it might be just what you are looking for and could be surplus to our requirements.

In any case, come along and haggle/negotiate with us - we do great deals! For the right price we will even part with stuff we think we might need!

If you would like to advertise anything: eg, ask for help, seek advice, offer a skill or anything else you can think of that might benefit you or other members, contact Richard ♥

Richard (R2) Rowan is managing this column on behalf of all Shed members. The way it works is that you give Richard the info – I will publish it here with your contact details, and hordes of Shed members will then contact you (and both of you will be happy).

Richard can be contacted on 6226 6839, 0429 980 337 or richard.rowan@ozemail.com.au.

Photos from the Archives

It occurs to me that we all have histories and photos that have recorded those histories.

Send me some photos of things you did all those years ago and I will help you flesh out your stories for our members to enjoy.

In this photo you will see a young and sexy Roger Holgate with his first wheels, a 1949 Swallow Gadabout motor scooter.

If you look carefully, you will also see that Rog is giving HRH the Queen a dink around the front garden of the family home in Grenfell.

Several important things to note:

- The Windsor knot on the tie (in honour of HRH);
- The rakish and devil-may-care, windswept and off centre wearing of said tie:
- A full head of hair; and
- No socks!

It should be noted that, in Roger's case, these last two conditions have been reversed!



Men's Shed Lessons for Life #2176 & #14





Don't forget!

S&M at the Shed 9-10am on Tuesdays

– if you don't come, you will never know what your mates are up to..... And DON"T try to find out by asking a member who does attend on Tuesdays – they will not tell you, you will just have to come. Support your Shed, we are trying our best to make it interesting for you.

Exercise Classes at the Shed – Tuesdays 11am to noon – NOTE THE NEW TIME!

Classes will be held this coming Tuesday - \$5 per session. We are now saving the \$5 contributions in a YVMS Good Deeds Fund, from which we will fund the costs of projects that are worthy of support – but for which we would otherwise not have funding from our normal income resources.

Reward Points at Home Hardware

You can help us a lot by giving the Shed your points when you make a purchase at Home Hardware. Just ask the cashier to "allocate the loyalty points to the <u>Yass Valley Men's Shed"</u>. A number of members have made this a regular practice and we have benefited to the extent that we can use the funds to replenish consumables (glues, screws, sand papers etc etc from time to time) – <u>so it IS worth it</u>.

Think about it and help us out – please.

Birthdays around this time

13/11: Len McGuigan 10/12: Curtis Cox

14/11: Bill Dalton, Howard Hollingsworth 15/12: Andrew Todd, Michael Hawkins

15/11: Con Novitski, Chris McHarg 17/12: Duncan McGregor

20/11: James Mather 18/12: Bob Frank, Don McCann

21/11: Leslie Yeaman 19/12: Ray Hill

24/11: Peter Hercelinskij 20/12: Dara Madden 25/11: Geoff Kell 27/12: Russell Hill

28/11: Roger Lawrence 29/12: Harold O'Brien, Mark Garland

3/12: Blake Reid 30/12: Paul Heath

Happy Birthdays Chaps!!! (don't forget, significant others are real people too – we are happy to wish them "happy birthday" if you give me the details – this includes Canadians!)

Shed Opening Times and opening volunteers

Tuesdays – 9am to noon Full Shed Activity YVMS	Tuesdays 2 - 3pm <u>Exercise Classes</u> YVCC	1 st Wednesday 10 – 11.30am <u>Coffee &</u> <u>Conversation</u> YVMS	Thursdays 2 – 5pm <u>Full Shed Activity</u> YVMS	Saturdays noon to 4pm <u>Full Shed Activity</u> YVMS
Richard Rowan 6226 6839	Wayne Stuart 0419 292 022	Len McGuigan 6226 1549	0412 258 300	Joe Morrissey is currently doing this for us (sometimes) – but he cannot commit full
		Phil O'Brien 6226 2168	0408 802 411	time. Thanks vm Joe! Hopefully one of our regulars will manage to attend each Saturday so the Shed opens. No guarantees!

At all other times, if you are passing and see the doors open, please feel welcome and free to call in!

We like to have at least two volunteers for opening/closing duties to help share the load. If you can help by nominating to open/close the Shed (either on one of the regular days – or you would like the Shed to open at some other time and you are prepared to do the honours), please let me know and we'll make the arrangements.

General Invitation

If you would like to see any additional information in the Messenger or have any suggestions or contributions to make, please feel free to contact me

Some of the current YVMS contacts and "Code Holders" (should you wish to access the Shed out of normal hours):

Ray Hill	6226 3344	rayhill01@dodo.com.au
Wayne Stuart	0419 292 022	wayne@stuartoz.com
Reg Moebus	6227 3238	wargeila@bigpond.com
Roger Holgate	6226 1664	roger42@dodo.com.au
Dave Staines	0408 340 040	yccc@dodo.com.au

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Wayne Stuart

Secretary, Yass Valley Men's Shed 0419 292 022 secretary@yassmensshed.org.au http://yassmensshed.org.au